



BIERY[®]

PLANT- BASED

**8OZ CUP
OPTIONS**



UPROOTED

FEED YOUR WELLNESS

EMBRACING OUR EVOLUTION

What is cheese without dairy? It is good all around. We think that no one should have to give up taste, meltability or texture in order to eat consciously.

In leading with our company's mission, we continue to innovate, service and meet the demand of consumer trends.

- CREAM CHEESE
- STRAWBERRY CREAM CHEESE
- SOUR CREAM

Allergen free, non-GMO, gluten free, vegan friendly.



For more info:



www.bierycheese.com



1-800-CHEESE-1



info@bierycheese.com



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CREAM CHEESE



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INGREDIENTS

CREAM CHEESE: INGREDIENTS: Water, Coconut Oil, Modified Food Starch, Contains less than 2% of the following: Chickpea Protein Powder, Salt, Sodium Citrate, Citric Acid, Lactic Acid, Guar Gum, Xanthan Gum, Inactive Yeast, Natural Flavor, Yeast Extract, Sunflower Oil, Cultured Dextrose, Maltodextrin.
NO ALLERGENS

NUTRITIONAL

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Basic Components			Vitamin A - RAE (mcg)	0.03	0.09
Gram Weight (g)	30.00	100.00	Vitamin B1 (mg)	0.00	0.01
Calories (kcal)	102.20	340.67	Vitamin B2 (mg)	0.00	0.02
Calories from Fat (kcal)	85.54	285.15	Vitamin B3 (mg)	0	0
Calories from SatFat (kcal)	78.70	262.33	Vitamin B3 - Niacin Equiv (mg)	0.03	0.10
Protein (g)	0.37	1.22	Vitamin B6 (mg)	0.02	0.08
Carbohydrates (g)	3.79	12.65	Vitamin B12 (mcg)	0	0
Total Dietary Fiber (g)	0.11	0.36	Vitamin C (mg)	0.00	0.01
Total Soluble Fiber (g)	0.02	0.07	Vitamin D - IU (IU)	0	0
Dietary Fiber (2016) (g)	0.01	0.02	Vitamin D - mcg (mcg)	0.00	0.00
Soluble Fiber (2016) (g)	0	0	Minerals		
Total Sugars (g)	0.07	0.22	Calcium (mg)	4.44	14.80
Added Sugar (g)	0	0	Chromium (mcg)	-	-
Other Carbs (g)	0.09	0.31	Copper (mg)	0.01	0.02
Fat (g)	9.68	32.26	Fluoride (mg)	0.01	0.04
Saturated Fat (g)	8.74	29.15	Iodine (mcg)	0.41	1.36
Mono Fat (g)	0.63	2.09	Iron (mg)	0.07	0.23
Poly Fat (g)	0.25	0.83	Magnesium (mg)	0.32	1.08
Trans Fatty Acid (g)	0.05	0.16	Phosphorus (mg)	3.59	11.96
Cholesterol (mg)	0.00	0.00	Potassium (mg)	10.28	34.28
Water (g)	15.56	51.86	Sodium (mg)	188.33	627.76
Ash (g)	0.48	1.61	Zinc (mg)	0.00	0.01
Vitamins			Other Nutrients		
Vitamin A - IU (IU)	0.17	0.56	Alcohol (g)	0	0
Vitamin A - RE (RE)	0.03	0.09			



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SOUR CREAM



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INGREDIENTS

SOUR CREAM: INGREDIENTS: Water, Coconut Oil, Modified Potato Starch, Canola Oil, Modified Tapioca Starch, Whole Grain Brown Rice, Natural Flavors, Citrus Fiber, Citric Acid, Cultured Dextrose (Preservative), Maltodextrin, White Distilled Vinegar, Xanthan Gum, Guar Gum.
NO ALLERGENS

NUTRITIONAL

Nutrients	Per 100g	Nutrients	Per 100g
Basic Components		Vitamin B12 (mcg)	0
Gram Weight (g)	100.00	Biotin (mcg)	0
Calories (kcal)	223.93	Vitamin C (mg)	0.03
Calories from Fat (kcal)	184.84	Vitamin D - mcg (mcg)	0.00
Calories from SatFat (kcal)	132.57	Vitamin E - mg (mg)	0.67
Calories from TransFat (kcal)	0.26	Folate (mcg)	0
Protein (g)	0.14	Folic Acid (mcg)	0
Carbohydrates (g)	9.97	Vitamin K (mcg)	3.57
Carbohydrate (Available) (g)	0.35	Folate, DFE (mcg DFE)	0
Total Dietary Fiber (g)	0.39	Vitamin D - IU (IU)	0
Total Soluble Fiber (g)	0.04	Vitamin E - Alpha-Toco (mg)	0.67
Dietary Fiber (2015) (g)	0.13	Minerals	
Total Sugars (g)	0.09	Calcium (mg)	28.74
Added Sugar (g)	0	Chloride (mg)	0
Other Carbs (g)	2.69	Iodine (mcg)	0
Net Carbs (g)	9.59	Iron (mg)	0.04
Fat (g)	20.69	Magnesium (mg)	2.19
Saturated Fat (g)	14.73	Manganese (mg)	0.02
Mono Fat (g)	4.14	Phosphorus (mg)	4.35
Poly Fat (g)	1.82	Potassium (mg)	10.73
Trans Fatty Acid (g)	0.03	Selenium (mcg)	0
Cholesterol (mg)	0.06	Sodium (mg)	39.34
Water (g)	68.81	Salt (g)	..
Ash (g)	0.16	Zinc (mg)	0.00
Kilojoules (kJ)	938.90	Chromium (mcg)	0
Vitamins		Copper (mg)	0.01
Vitamin A - RAE (mcg)	0	Fluoride (mg)	0.06
Vitamin A - RE (mcg)	0	Poly Fats	
Vitamin B1 - Thiamin (mg)	0	Omega 3 Fatty Acid (g)	0.46
Vitamin B2 - Riboflavin (mg)	0	Other Nutrients	
Vitamin B3 - Niacin (mg)	0	Choline (mg)	0.01
Vitamin B6 (mg)	0		



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